



March 2020

## 2. Administrative Controls

- provide wet floor signage
- train workers to prevent slips, trips and falls
- ensure prompt maintenance
- ensure shovels, mops and buckets are readily available
- correct poor work practices
- conduct Joint Health and Safety Committee monthly inspections

\*if you have any concerns that administrative controls are not in place, please reach out to a Joint Health and Safety Committee member or Zack Schipper in the office\*

## 3. Safe Work Practices

- clean up spills promptly
- remove debris, snow and ice
- routinely clean floors
- maintain three-point contact on ladders
- remove clutter from walking surfaces

## 4. Personal Protective Equipment (PPE)

- Appropriate footwear
- slip resistant soles
- fall protection equipment



This month in safety...

## SLIPS, TRIPS AND FALLS

**Slips, trips and falls** are among the leading causes of injuries resulting in workers missing time at work in Ontario.

Preventing such injuries is a key goal of every safe and healthy workplace. Employers must:

- Provide information and instruction to workers on slip, trip and fall hazards.
- Encourage workers to report slip, trip and fall hazards.
- Identify and assess the risk of job-specific slip, trip and fall hazards.
- Establish controls to eliminate or reduce workers' exposure to slip, trip and fall hazards.
- Ensure the control measures are working.

### Common hazards

Consider the following slip, trip and fall hazards in your workplace:

- Slippery surfaces (oily or greasy, etc.)
- seasonal slip, trip and fall hazards (snow and ice)
- spills of wet or dry substances
- changes in walkway levels and slopes
- unsafe use of ladders
- poor lighting
- debris and cables in walkways
- lack of guardrails on mezzanines and balconies
- unsuitable footwear
- Poorly maintained equipment (ladders, fall arrest, etc.)

Control measures for slip, trip and fall hazards may include:

### 1. Engineering controls

- slip-resistant flooring and slip-resistant mats
- slope of surface (ramps, handrails)
- surface free of obstructions/holes
- appropriate drainage
- adequate lighting (minimize glare and contrast)
- minimize environmental influences (blocking wind, preventing wet surfaces from icing, etc.)
- Guardrails for raised floors, mezzanines and balconies
- sound footing for ladders and work platforms

